

Report on

Workshop on Life Skills and Personality Development

A one day workshop on 'Life Skills and Personality Development' was organized by Entrepreneurship Development Cell, North Kamrup College on 29th March, 2023. Dr. Sanjiv Kumar Goswami, Assistant Professor and Head, Department of English, Kamrup College, Chamata was invited as the resource person of the programme. The speaker discussed about important life skills for students of 21st century like decision making skills, problem solving skills, communication skills, coping with stress, and so on. The speaker emphasized on the importance of these skills by giving multiple real life situations' examples. The speaker highlighted on importance of personality development, gave tips for facing an interview, how to boost confidence, how to keep updating one's own knowledge and so on. Speaker's interaction with the students made the session lively. 62 participants attended the programme.



Photos of the Event



